

Alexandra and Eastern Hills  
Cricket Association  
Junior Modified Under 10  
Competition

The following are guidelines to aid umpires and coaches to conduct the games effectively.

**BATTERS**

1. The team is organised into pairs for batting. Each pair bats for a total of 4 overs.
2. If there is an odd number of batsmen in the team, the child that goes last in goes in with a runner and bats for 2 overs facing every delivery.
3. Each batsman bats his/her full number of overs no matter how many times they get out. However on getting out the batsmen change ends, unless the wicket falls at the end of the over or in the case of a run out.
4. To avoid tension and unnecessary appeals there will be no LBW dismissals or stumpings.
5. On the third wide of each over the batsman gets a free hit from wherever the ball stops and no fielders are permitted within 5 metres of the batsman.

**BOWLERS**

1. Each bowler bowls a minimum of 2 overs. If playing against a team with greater numbers than their own the bowler may bowl extra overs only once every other player has bowled 2 overs.
2. Each over is to consist of 6 balls
3. Wides and no-balls (a ball that passes the batsman on the full above waist high) are not to be rebowled, but a run goes to the batsman. A batsman can get out off a wide ball.
4. Due to variations in strength and skill it cannot be expected that all bowlers are capable of bowling from the proper crease. The bowler mark or bowling position can be moved at the coaches' discretion if both sides agree.
5. No bowler can be no balled. Any bowling action is deemed legal but bowlers are to be encouraged by their coaches to bowl with an appropriate action
6. The recommended ball is an Easton Incrediball.

**FIELDING**

1. The wicketkeeper is changed regularly, i.e. The bowler at the other end keeps wicket whilst that pair are bowling.
2. Only 3 fieldsmen are allowed within 10 metres of the pitch and none closer than 5 metres of the pitch.
3. It is recommended the fielding positions be changed regularly to maintain the child's interest.

**SCORING**

1. Runs are made as in ordinary cricket by:

- a. Running between the wickets (however make allowances for smaller players when it comes to run outs; if necessary, allow the child to stand a little further down the wicket if they're at the bowlers end).
- b. Wides and byes are credited to the facing batsmen.
- c. No 6's, only 4's are awarded even if the ball clears the boundary on the full.
2. It is important to record on the score sheet, runs scored by the batsman and the number of times he or she gets out, as well as the number of balls faced.
3. If a batting pair doesn't get out at all during their 4 overs they are entitled to a bonus. The bonus is worked out by adding the 2 scores and halving it and that's the bonus with a minimum of 5 runs to be added if the pair don't get out at all.
4. To deduce the teams' final score add up all the scores and then divide the total by the number of times the team has been dismissed or given out. i.e. 100 runs scored total with 5 wickets fallen = Ave 20 and the bonuses are counted in the total to encourage better batting.

### EQUIPMENT

1. EACH TEAM IS TO PROVIDE ITS OWN BATS AND BALL. Home team is to provide wickets and field markers.
2. Metal wickets and a soft Easton Incrediball is to be used.
3. The wearing of pads is to be discouraged since the ball is not that hard. Pads also restrict the movement of small children and putting them on and taking them off is very time consuming.
4. Helpers; Coach, scorer and an umpire
5. It's recommended to keep the number of fielders in each team even. (If substitutes are required, coaches to organise).
6. It's recommended that you bat your best batsmen and bowl your best bowlers first to even up the competition (so you don't have a 9 year old bowling to a 6 year old). Coaches to liaise with each other in this regard.

### HOT WEATHER POLICY

If Fridays ABC channel 2 news service forecasts 40 degrees or over for Adelaide for the next day there will be no junior cricket.